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Wolfgang Lutzen

Massage from Christophe Marchesseau in St. Barth

"Best Hands of France" is a real award, and it's been given to this skilled massage therapist working in downtown Gustavia. At his Excellence des Sens spa, he deploys a signature mix of physiotherapy, chiropractic adjustments, deep and intuitive massage, and postural exercises. He incorporated some stretches and breath work techniques I hadn't previously encountered in a dozen years of writing about spas, but which I wish I'd come across sooner.

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